



Name \_\_\_\_\_ Birthday \_\_\_\_\_ Referred By \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Occupation \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact Name/ Relationship \_\_\_\_\_ Phone # \_\_\_\_\_

Please indicate if you have any of the following conditions:

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Allergies            | <input type="checkbox"/> Aneurysm             | <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Athlete's foot        |
| <input type="checkbox"/> Blood clots          | <input type="checkbox"/> Bruise easily        | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Contact lenses        |
| <input type="checkbox"/> Chronic pain         | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Depression          | <input type="checkbox"/> Eczema                |
| <input type="checkbox"/> Fatigue              | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Headache            | <input type="checkbox"/> Hearing Aid           |
| <input type="checkbox"/> Heart Problems       | <input type="checkbox"/> Herpes               | <input type="checkbox"/> High Blood pressure | <input type="checkbox"/> Infectious conditions |
| <input type="checkbox"/> Lung problems/asthma | <input type="checkbox"/> Muscle or joint pain | <input type="checkbox"/> Low Blood Pressure  | <input type="checkbox"/> Osteoporosis          |
| <input type="checkbox"/> Phlebitis            | <input type="checkbox"/> Psoriasis            | <input type="checkbox"/> Neuromuscular       | <input type="checkbox"/> Pregnancy/Current     |
| <input type="checkbox"/> Recent surgery       | <input type="checkbox"/> Seizures             | <input type="checkbox"/> Sprains             | <input type="checkbox"/> Shingles              |
| <input type="checkbox"/> Surgical Implants    | <input type="checkbox"/> Varicose Veins       |  |  |

We practice proper draping techniques to protect your modesty. Please undress to your comfort level, we can work around any garments if you choose to leave them on. Are there any areas you prefer to avoid? \_\_\_\_\_

Do you take medications? **Y/N** For what conditions? \_\_\_\_\_

*Facials:* Do you use any of the following? (Please circle): Accutane, Retin A, Glycolic Products

*Massage:* I understand that the massage/bodywork I receive is provided for the purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or technique may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as substitute for medical examination, diagnosis, or treatment and that I should see a physician, or other qualified medical specialist for any mental or physical ailment that I am aware of. I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such.

Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapists part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Consent to treatment of a Minor: By my signature below, I hereby authorize Vitality Spa to administer massage/ bodywork to my child or dependent as they deem necessary.

Signature of Parent or Guardian

Date: